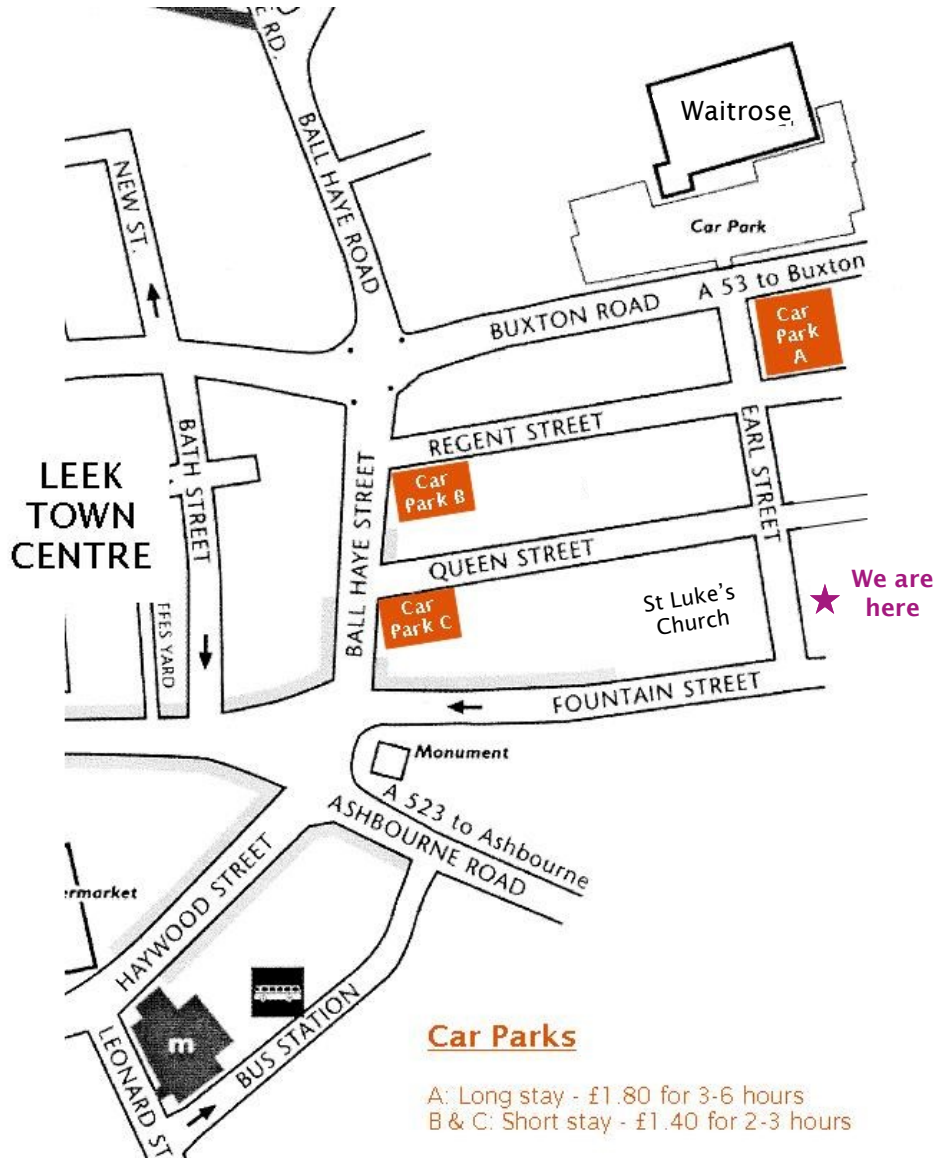


“Most mothers felt that they had needed a friend, needed help with their children and to be listened to – in that order.

And what they most appreciated was someone who turned out to be a real friend, who gave them moral support, who would let them talk freely; and was not given to sitting in judgment – who gave them an occasional break from the children, new ideas and an opportunity to do something for themselves.”

Quote from 'Family Album' by Sheila M Shinman



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Registered Charity Number: 1135201
A Company Limited by Guarantee: 7167797

Chairperson: Glennys White
Patron: Jenni Murray

Office hours:
Mondays to Thursdays 9.30 am – 2.30 pm
Fridays **CLOSED**

Home START

Support and friendship
for families

Home-Start
Staffordshire Moorlands

Course of Preparation for Home-Start Volunteers Course Programme

Wednesdays: 1st March—5th April 2017



Staffordshire
County Council

Supported by
BBC
Children
in Need

LOTTERY FUNDED

Welcome to Home-Start ...

We hope you will find the 'Course of Preparation' informative and enjoyable. Please feel free to contact us if you wish to discuss anything in private which arises during the course.

~ Louise Walker & Hilary Evans (Organisers)

Louise: 01538 387294 (home), 07974 113040 (mobile)
Hil: 01782 502002 (home), 07974 113080 (mobile)
Office: 01538 387231 or email: Info@homestarts.org.uk

Course programme:

Wed 1st March ~ Week 1 ~ 10 am - 2.30 pm

- Introduction to Home-Start
- The Role of the Volunteer
=== (Lunch) ===
- Meet the health visitor (Sue Towers 1.30 pm)
- The referral process

Wed 8th March ~ Week 2 ~ 10 am- 2.30 pm

- What a volunteer has to offer
- Sources of Support/Community Case Studies
- Case studies—Emergency Situations
=== (Lunch) ===
- Meeting volunteers
- Home-visiting - scheme procedures and guidelines (Home-Start Organisers)

Wed 15th March ~ Week 3 ~ 10 am- 2.30 pm

- Depression (MIND)
=== (Lunch) ===
- Values & Attitudes (Home-Start Organisers)

Wed 22nd March ~ Week 4 ~ 10 am - 2.30 pm

- Disability (Jackie Griffiths)
- Commitment and boundaries (Home-Start Organisers)
=== (Lunch) ===
- Listening Skills (Home-Start Organisers)

Wed 29th March ~ Week 5 ~ 10 am - 2.30 pm

- Safeguarding (Child Protection) (Lesley Boughey)
PLEASE NOTE: This session is essential for all new volunteers. If you are unable to make it, please let us know.
=== (Lunch) ===
- Local safeguarding children procedures
- Personal Safety
(Home-Start Organisers)

Wed 5th April ~ Week 6 ~ 10 am - 2.30 pm

- Being a Parent (Home-Start Organisers)
- Parenting (Home-Start Organisers)
=== (Lunch) ===
- Confidentiality
- Supervision & Support (Home-Start Organisers)
- Endings, Evaluation & What Next? (Home-Start Organisers)

Additional training session to be arranged:

- Visit to Horton Lodge special school 23/03/2017 at 1 pm
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